



Recommended products 2020

Electric toothbrush:

- Oral B iO—Newest and latest electric toothbrush technology with a 5-smart setting of daily clean, gum care, sensitive, whiten and tongue clean mode! The use of oscillation and rotation combined with micro-vibrations cleans more efficiently. The smart pressure sensor lights up green when you are brushing right and it turns bright red when you are brushing too hard. Download the oral B app on your phone to determine your toothbrushing habits.

Manual toothbrush:

- Oral B—Studies show that, in general, electric toothbrushes decrease more plaque and gingivitis than manual toothbrushes. Plaque was reduced by 21% and gingivitis by 11%. When an electric toothbrush is not available then the manual brush is a must.

Floss:

- Waxed tape floss allows for ease of flossing between teeth and helps to prevent floss from getting caught under restorations.

Toothpaste:

- Fluoride and tartar control paste—These pastes are the best to help prevent decay and reduce tartar build up.
- Oxyfresh—Fights cavities, soothes gums, freshens breath and is low in abrasion. Great for allergic patients and pts that have porcelain crowns and veneers as it is a gentler formula.

Fluoride varnish:

- It is a prescription topical fluoride varnish that remineralizes weak area in the tooth structure and creates a stronger layer on your tooth to decrease the chance of cavities and sensitivity.

Mouth rinse:

- Ora-Care—Prescription-strength mouth rinse with activated Chlorine Dioxide that helps to kill bacteria and viruses. Excellent for everyday use to keep your mouth clean and healthy. A necessity for periodontal patients.

Sensitivity and Caries control:

- Sensodyne toothpaste—Active ingredient Potassium Nitrate 5% to build increasing protection against painful sensitivity of the teeth to cold, heat, acids, sweets, or contact. Also aids in the prevention of dental cavities.
- Prevident—Sodium Fluoride (1.1%) prescription strength anticavity toothpaste. Used for cavity prone patients.
- MI Paste—Sodium Fluoride (.20%) and calcium to help to prevent cavities, rebuilds enamel and helps against sensitivity.

Gum tissue irritation:

- Oxygel—Promotes healing and soothes gum irritations.

Oral hygiene aids:

- Rubber tip—Promotes healthy and firm gums by gently massaging gums.
- Proxibrushes—For periodontal patients and patients that have larger areas between teeth.
- Dental pics—Used instead of toothpicks to clean difficult to reach areas.
- Superfloss—Used under bridges to help clean the area between the gum and false tooth. Also used for areas between the teeth near the gumline that is larger when regular floss is not able to thoroughly clean.
- Waterpik—Great addition to flossing for cleaning between the teeth, below the gum and hard to reach areas! Waterpik removes debris, food and plaque.

Misc:

- EverSmile whitening foam—Cleans aligners and whitens teeth. Hygiene peroxide based. Whitening foam helps to whiten with virtually no sensitivity.